

+TOP DOCTORS+ NorthernVirginia

1,000+

Doctors in 50 specialties
as chosen by their peers
and hospital panels

PLUS

Cerphe's up: a local DJ and
his rock star friends

A NoVA native goes to space

Where to find hot
chocolate bombs



PERMANENTE TOP DOCTORS 2021

Methodology

Along with asking all the doctors in Northern Virginia who, in their expert opinion, should be named a Top Doctor, we took the process a step further by working with local hospitals and the Mid-Atlantic Permanente Medical Group of Northern Virginia to put together panels of head doctors to discriminatively look at those with privileges at their hospital. Each panel nominated doctors based on all the internal tools they are privy to: internal evaluations, patient reviews and overall quality of care. Although some Top Doctor winners choose to advertise in the magazine, doctors cannot pay to be included on the list. The listing and the advertising sections are separate entities.

ALLERGY & IMMUNOLOGY

Troy Baker

6501 Loisdale Court,
Springfield

Meredith Heltzer

8008 Westpark Drive,
McLean

Special interests:

Immunology, food allergy, pediatrics

Patricia McNally

8008 Westpark Drive,
McLean

Stephen Scranton

6501 Loisdale Court,
Springfield

CARDIOLOGY

Tania Chao

8008 Westpark Drive,
McLean; also Stafford

Amey Kulkarni

8008 Westpark Drive,
McLean; also Baltimore, Stafford

Yaning Liu

8008 Westpark Drive,
McLean; also Stafford

Special interests:

Nuclear cardiology, transesophageal echocardiogram

Jason Rashkin

8008 Westpark Drive,
McLean; also Stafford

Constantine Tziros

8008 Westpark Drive,
McLean; also Stafford

COLON & RECTAL SURGERY

Irfan Rizvi

8008 Westpark Drive,
McLean; also Springfield

Special interests:

Robotic colorectal surgery, colon and rectal cancer surgery, surgical management of inflammatory bowel disease

Julia Sone

6501 Loisdale Court,
Springfield; also McLean

Special interests: High resolution anoscopy, colon cancer, rectal cancer

DERMATOLOGY

Kristin Cam

201 N. Washington St., Falls Church

Randa Khoury

6501 Loisdale Court,
Springfield; also Falls Church

Special interests:

Cutaneous oncology, cosmetic dermatology

Andrea Morris

1890 Metro Center Drive, Reston

Special interests:

Medical dermatology

Mark Naftanel

201 N. Washington St., Falls Church; also Stafford

Special interests: Cosmetic dermatology

ENDOCRINOLOGY

Daniella Hines

201 N. Washington St., Falls Church

Deepak Kashyap

6501 Loisdale Court,
Springfield

Special interests:

Thyroid fine needle aspiration, thyroid disorders, osteoporosis

John

Reyes-Castano

6501 Loisdale Court,
Springfield

Special interests: General adult endocrinology, thyroid disease, diabetes mellitus

Lida Tabatabaeian

201 N. Washington St., Falls Church

FAMILY MEDICINE

E. Bruce Awad
201 N. Washington St., Falls Church

Liliana Gomez-Medley
201 N. Washington St., Falls Church

Matthew Hahn
3000 Potomac Ave., Alexandria

Daniel F. Harris
6501 Loisdale Court, Springfield

Akila Iyer
15050 Heathcote Blvd., Haymarket

Zahir Jimenez-Tosado
1201 Hospital Drive, Fredericksburg
Special interests: Preventative medicine, treating every member of the family, helping diabetics control their glucose and make lifestyle changes

David Leng
43480 Yukon Drive, Suite 100, Ashburn

Amy Morgan
110 Irving St. NW, Washington, DC

Mahvash Mujahid
12255 Fair Lakes Parkway, Fairfax
Special interests: Preventative/lifestyle medicine, women's health, pediatric care and medicine

Cristina Policarpio
14139 Potomac Mills Road, Woodbridge

Cassandra M. Sims
201 N. Washington St., Falls Church
Special interests: Women's health, adolescent health, preventative medicine

Jeannette Tao
5999 Burke Commons Road, Burke

Ayse Turgut
201 N. Washington St., Falls Church
Special interests: Women's health

GASTROENTEROLOGY

Dia Copeland
700 Second St. NE, Washington, DC; also Frederick, Largo
Special interests: Endoscopic ultrasound

Stanley Drake
201 N. Washington St., Falls Church; also Springfield, Stafford

Ali Fazel
201 N. Washington St., Falls Church; also Springfield, Stafford

Sonia Gosain
201 N. Washington St., Falls Church; also Fredericksburg, Springfield, Stafford

Alexander Jow
6501 Loisdale Court, Springfield; also Falls Church, Stafford
Special interests: Liver disease, colon cancer screening, inflammatory bowel disease

Amy Lin
201 N. Washington St., Falls Church; also Springfield, Stafford

Jesse K. Liu
201 N. Washington St., Falls Church; also Springfield, Stafford
Special interests: Gastroesophageal reflux disease, esophageal motility disorders, colorectal cancer screening

Margaret Schwiesow
6501 Loisdale Court, Springfield; also Falls Church, Stafford

Eric Wollins
201 N. Washington St., Falls Church; also Springfield, Stafford
Special interests: Colon cancer screening, evaluation/treatment of Barrett's esophagus

GERIATRIC MEDICINE

Angela Hsu
8008 Westpark Drive, McLean

Jonathan Menezes
1890 Metro Center Drive, Reston

Seraphine Soosaimanickam
10701 Rosemary Drive, Manassas
Special interests: Dementia

GYNCOLOGIC ONCOLOGY

Diljeet Singh
8008 Westpark Drive, McLean
Special interests: Minimally invasive robotic laparoscopic surgery, ovarian cancer surgery, integrative oncology

HOSPICE & PALLIATIVE MEDICINE

Carol Chang
1701 N. George Mason Drive, Arlington

Charlotte Dean
110 Irving St. NW, Washington, DC

Jeffrey Kin
1701 N. George Mason Drive, Arlington

Shashikalaa Kura
1701 N. George Mason Drive, Arlington

Jane Lee
1701 N. George Mason Drive, Arlington

INFECTIOUS DISEASES

Nhat Doan
6501 Loisdale Court, Springfield

Peter Kadlecik
700 Second St. NE, Washington, DC; also Largo

Ligia Pic-Aluas
6501 Loisdale Court, Springfield
Special interests: Transplant infectious diseases, hospital-acquired infections, HIV

Anuradha Subramanian
700 Second St. NE, Washington, DC; also Gaithersburg

David S. Yoho
6501 Loisdale Court, Springfield

INTERNAL MEDICINE

M. Pamela Alexander
8008 Westpark Drive, McLean

Esther Bahk
6501 Loisdale Court, Springfield

Holly Batal
3000 Potomac Ave., Alexandria

Leigh S. Boldt
201 N. Washington St., Falls Church

Rachel Burchard
14139 Potomac Mills Road, Woodbridge

Marie Huynh
5999 Burke Commons Road, Burke

Anna Kraszewska
1890 Metro Center Drive, Reston

Geoffrey Long
1890 Metro Center Drive, Reston

Nidhi Malik
1890 Metro Center Drive, Reston

Hoang-An Nguyen
43480 Yukon Drive, Suite 100, Ashburn
Special interests: Preventive medicine, diabetes, preserving quality of life by minimizing medications

Vu T. Nguyen
201 N. Washington St., Falls Church

Aisulu Nurgozha
201 N. Washington St., Falls Church

Bhavin Patel
14139 Potomac Mills
Road, Woodbridge

Jonas Wiltz
201 N. Washington
St., Falls Church

INTERVENTIONAL CARDIOLOGY

Benjamin Galper
8008 Westpark Drive,
McLean; also Balti-
more, Stafford
Special interests:
Structural heart
disease, peripheral
vascular disease, cor-
onary artery disease

MATERNAL AND FETAL MEDICINE

Kristin Knight
8008 Westpark Drive,
McLean
Special interests:
Prenatal diagnostic
ultrasound, testing
preterm birth pre-
vention, fetal growth
restriction

Dana Marzilli
8008 Westpark Drive,
McLean

NEPHROLOGY

Gretchen Brandt
700 Second St. NE,
Washington, DC

Ronaldo Mayuga
8008 Westpark Drive,
McLean
Special interests:
Hypertension, chronic
kidney disease,
dialysis

Vasudha Narayana
8008 Westpark Drive,
McLean

Andrew Y. Peng
8008 Westpark Drive,
McLean

Akilu A. Yishak
8008 Westpark Drive,
McLean
Special interests:
Kidney and pancreas
transplant, general
nephrology, hyper-
tension

NEUROLOGY

Harman Bajwa
6501 Loisdale Court,
Springfield; also
Stafford
Special interests:
Electromyography

Melvin Kong
700 Second St. NE,
Washington, DC; also
Largo
Special interests:
Electrophysiology, va-
gal nerve stimulation
programming

Ifeoma Nwaneri
6501 Loisdale Court,
Springfield

**Zahra Nooshin
Rezvani**
8008 Westpark Drive,
McLean; also Spring-
field
Special interests:
Parkinson's disease
and related move-
ment disorders, gait
impairment and
imbalance, deep brain
stimulation

Ejaz Shamim
1221 Mercantile Lane,
Largo; also Gaithers-
burg
Special interests:
Movement disorders,
Botox, deep brain
stimulation

OB-GYN

Amy Banulis
201 N. Washington
St., Falls Church

Geannie Bennett
1890 Metro Center
Drive, Reston

Stella Blosser
5999 Burke Commons
Road, Burke
Special interests:
Minimally invasive
surgery, fibroids,
endometriosis

Nahed Ezmerli
6501 Loisdale Court,
Springfield
Special interests: Ma-
ternal-fetal medicine

Carolyn Gorman
700 Second St. NE,
Washington, DC
Special interests:
Sexual health

Shelly-Ann James
12255 Fair Lakes
Parkway, Fairfax

Eunice Lee
8008 Westpark Drive,
McLean

**Chi-Tsui Vivia
Liang**
201 N. Washington
St., Falls Church
Special interests:
Minimally invasive
surgery

Joilyn Martin
43480 Yukon Drive,
Suite 100, Ashburn

Bhavisha Menezes
1890 Metro Center
Drive, Reston

Hania Qutub
201 N. Washington
St., Falls Church
Special interests:
Minimally invasive
gynecology

Mark Tretiak
8008 Westpark Drive,
McLean
Special interests:
Obstetrics, minimal-
ly invasive surgery,
menopause

Cicely Walker
700 Second St. NE,
Washington, DC

ONCOLOGY/ HEMATOLOGY

Neeta Ahuja
5999 Burke Com-
mons Road, Burke;
also Fredericksburg,
Stafford
Special interests:
Bladder cancer,
hypogammaglobuline-
mia, pancreatic tumor

Bassem Antabl
8008 Westpark Drive,
McLean; also Freder-
icksburg, Stafford
Special interests:
Bladder cancer, pan-
creatic tumor, prostate
cancer

Shalini Dogra
8008 Westpark Drive,
McLean; also Freder-
icksburg, Stafford
Special interests:
Bladder cancer,
pancreatic tumor,
prostate cancer

Iva Ferreira
8008 Westpark
Drive, McLean; also
Burke, Fredericksburg,
Stafford
Special interests:
Bladder cancer,
pancreatic tumor,
prostate cancer

Renee Funches
5999 Burke Com-
mons Road, Burke;
also Fredericksburg,
Stafford
Special interests:
Bladder cancer,
pancreatic tumor,
prostate cancer

**Andrei
Marconescu**
8008 Westpark Drive,
McLean; also Freder-
icksburg, Stafford
Special interests:
Bladder cancer, pan-
creatic tumor, prostate
cancer

Aloysius Pereira
8008 Westpark Drive,
McLean; also Freder-
icksburg, Stafford

OPHTHALMOLOGY

Briggs Bralliar
700 Second St. NE,
Washington, DC

David H. Chu
8008 Westpark Drive,
McLean
Special interests:
Glaucoma

**Minh-Phuong
Doan**
12255 Fair Lakes
Parkway, Fairfax
Special interests:
Cornea and external
disease, Botox

Julia Fullerton
6501 Loisdale Court,
Springfield; also
McLean
Special interests:
Cornea and external
disease

Ali Khorrami
8008 Westpark Drive,
McLean
Special interests:
Complicated retinal
detachment repairs,
management of com-
plicated diabetic retinopa-
thy, repair of dislocated
intraocular lens

**Jonathan P.
Kruger**
6501 Loisdale Court,
Springfield

Farhan Merali
8008 Westpark Drive,
McLean; also Spring-
field

James Slack
12255 Fair Lakes
Parkway, Fairfax

ORTHOPEDIC SURGERY

Anthony Ho
8008 Westpark Drive,
McLean; also Stafford

Michael O'Reilly
8008 Westpark Drive,
McLean; also Stafford
Special interests: Tot-
al joint replacement
surgery

Leah Schulte
6501 Loisdale Court,
Springfield; Stafford
Special interests:
Trauma surgery

Mychelle Shegog
700 Second St. NE,
Washington, DC
Special interests:
Sports medicine
(adult and pediatric)

Swati Shirali
12255 Fair Lakes
Parkway, Fairfax

Anil Taneja
6501 Loisdale Court,
Springfield

OTOLARYNGOLOGY

Nancy Judd
201 N. Washington
St., Falls Church; also
McLean
Special interests:
Head and neck surgi-
cal oncology

Sarita Kaza
201 N. Washington
St., Falls Church

Noah Meltzer
8008 Westpark
Drive, McLean
Special interests:
Facial plastic surgery,
transsphenoidal
resection of pituitary
adenomas

Thuy-Anh Melvin
8008 Westpark
Drive, McLean

James Owusu
8008 Westpark
Drive, McLean
Special interests:
Facial plastic and
reconstructive surgery,
facial paralysis, facial
trauma

Nitinkumar Patel
201 N. Washington
St., Falls Church; also
McLean, Stafford
Special interests:
Pediatric ENT, voice
disorders, sinus dis-
orders

Shankar Sridhara
8008 Westpark
Drive, McLean; also
Falls Church
Special interests:
Inflammatory ear
disease, conductive
hearing loss

Edward Tsong
8008 Westpark
Drive, McLean
Special interests:
Thyroid and parathy-
roid surgery, head
and neck oncology,
transsphenoidal
resection of pituitary
adenomas

PAIN MEDICINE

Prashanth Mally
8008 Westpark Drive,
McLean
Special interests:
Chronic pain management

PEDIATRIC CARDIOLOGY

Carla Hanash
700 Second St. NE,
Washington, DC
Special interests: Fe-
tal echocardiogram,
congenital heart
disease (adult and
pediatric)

Jason Mitchell
700 Second St. NE,
Washington, DC

PEDIATRIC ENDOCRINOLOGY

Katherine Stanley
700 Second St. NE,
Washington, DC

PEDIATRIC GASTROENTEROLOGY

Raafe Ghouse
700 Second St. NE,
Washington, DC
Special interests:
Inflammatory bowel
disease, eosinophilic
esophagitis, GERD

Asha Willis
700 Second St. NE,
Washington, DC

PEDIATRIC HEMATOLOGY/ ONCOLOGY

**Eva
Perdahl-Wallace**
700 Second St. NE,
Washington, DC
Special interests:
General pediatric
hematology and
oncology, sickle cell
disease, bone marrow
transplantation

PEDIATRICS

Ashwin Chakurkar
14139 Potomac Mills
Road, Woodbridge

**Pemmaraju Saleena
Dakin**
201 N. Washington St.,
Falls Church

Pupi Demissie
201 N. Washington St.,
Falls Church

Isabel Gottron
700 Second St. NE,
Washington, DC

Mona Iskander
12255 Fair Lakes Park-
way, Fairfax

Gita Reddy
201 N. Washington St.,
Falls Church

Mona Rewari
12255 Fair Lakes Park-
way, Fairfax

Abha Saha
8008 Westpark Drive,
McLean

Tamra Salvatore
1890 Metro Center
Drive, Reston

Azka Sophie
14139 Potomac Mills
Road, Woodbridge

Brent Thibodeaux
1890 Metro Center
Drive, Reston

PHYSICAL MEDICINE & REHABILITATION

Spencer Tseng
8008 Westpark Drive,
McLean
Special interests:
Spine, sports medicine,
chronic pain manage-
ment

PLASTIC SURGERY

William Epps
8008 Westpark Drive,
McLean

Chun Rhim
8008 Westpark Drive,
McLean

PODIATRY

Ryan Ahalt
8008 Westpark Drive,
McLean
Special interests: Re-
constructive foot and
ankle surgery, podiatric
sports medicine, dia-
betic limb salvage

Robert Grandinetti
12255 Fair Lakes Park-
way, Fairfax
Special interests: Re-
constructive foot and
ankle surgery

Annie McLenahan
6501 Loisdale Court,
Springfield; also Fairfax
Special interests: Foot
and ankle reconstruc-
tion, foot and ankle
trauma

Matthew Testani
12255 Fair Lakes Park-
way, Fairfax

Eleanor Wilson
6501 Loisdale Court,
Springfield

PSYCHIATRY

Erik Frost
5999 Burke Commons
Road, Burke

Lauren Grawert
201 N. Washington St.,
Falls Church
Special interests:
Addiction medicine

Brian Hernandez
5999 Burke Commons
Road, Burke; also
McLean

Special interests: Elec-
troconvulsive therapy

Ashley Miller
5999 Burke Commons
Road, Burke; also
Fredericksburg

Kristie Mitchell
14139 Potomac Mills
Road, Woodbridge;
also Fredericksburg

Special interests: Inte-
grative psychiatry

Asha Patton-Smith
5999 Burke Commons
Road, Burke; also
Fredericksburg

Humaira Siddiqi
5999 Burke Commons
Road, Burke; also
McLean

Special interests: Elec-
troconvulsive therapy

PULMONARY DISEASE

**Mrunalini
Chakurkar**
8008 Westpark Drive,
McLean; also Stafford
Special interests: Sleep
medicine, endo-
bronchial ultrasound
bronchoscopy

Eileen Hsu
8008 Westpark Drive,
McLean; also Stafford
Special interests: Endo-
bronchial ultrasound
bronchoscopy

Luis Ruiz
700 Second St. NE,
Washington, DC; also
Largo
Special interests: Endo-
bronchial ultrasound
bronchoscopy

RHEUMATOLOGY

Mala Mehta
201 N. Washington
St., Falls Church; also
Stafford

Sonia Nair
700 Second St. NE,
Washington, DC; also
Largo

Nora R. Taylor
6501 Loisdale Court,
Springfield; also
Stafford

Special interests:
Rheumatoid arthritis,
lupus, musculoskele-
tal ultrasound

**Lynda
Tilluckdharry**
6501 Loisdale Court,
Springfield; also
Stafford

Special interests:
Rheumatoid arthritis,
systemic lupus ery-
thematosus, psoriatic
arthritis/spondylar-
thropathy

SPINE SURGERY

John Ergener
8008 Westpark
Drive, McLean; also
Washington, DC

**Thomas
Krisztinicz**
8008 Westpark
Drive, McLean; also
Washington, DC

Special interests:
Complex spine/de-
formity/revision sur-
gery, cervical spine,
minimally invasive
spine surgery

Steven Scherping
8008 Westpark
Drive, McLean; also
Washington, DC

SPORTS MEDICINE & REHABILITATION

Najam Fasihi
8008 Westpark
Drive, McLean; also
Ashburn
Special interests:
Sports medicine
(adult)

Richard Sisson
6501 Loisdale Court,
Springfield; also
Ashburn
Special interests:
Sports medicine
(adult)

SURGERY

Linda Cardinal
8008 Westpark
Drive, McLean; also
Fairfax, Springfield,
Stafford
Special interests:
Breast surgery, lapa-
roscopic procedures

Gwen Garnett
6501 Loisdale Court,
Springfield; also
Fairfax, McLean

Jenny Hong
8008 Westpark
Drive, McLean; also
Fairfax, Springfield

Sonya Krolik
6501 Loisdale Court,
Springfield; also Fair-
fax, McLean, Stafford

**Chaitanya
Mangalmurti**
12255 Fair Lakes
Parkway, Fairfax; also
McLean, Springfield

Kelly Meehan
6501 Loisdale Court,
Springfield; also Fair-
fax, McLean, Stafford

Kim Suri
6501 Loisdale Court,
Springfield; also
Fairfax, McLean,
Stafford

Elizabeth Warner
700 Second St. NE,
Washington, DC; also
Largo
Special interests:
Minimally inva-
sive hernia repair,
gallbladder surgery,
breast cancer surgery

UROLOGY

Daoud Dajani
8008 Westpark
Drive, McLean; also
Fairfax

James Jezior
12255 Fair Lakes
Parkway, Fairfax;
also McLean, Stafford
Special interests: Re-
constructive urology,
transgender surgery
complications

Timothy Kim
8008 Westpark
Drive, McLean; also
Fairfax, Stafford
Special interests:
Kidney, bladder and
prostate cancers

Tiffany Sotelo
12255 Fair Lakes
Parkway, Fairfax;
also McLean, Stafford
Special interests:
Female pelvic med-
icine, reconstructive
surgery

VASCULAR & INTERVENTIONAL RADIOLOGY

Carson Campe
8008 Westpark Drive,
McLean; also Largo
Special interests:
Interventional oncol-
ogy, uterine fibroids,
venous and arterial
disease

Vivek Mathur
8008 Westpark Drive,
McLean; also Largo
Special interests:
Oncology, women's
health, peripheral
artery disease

Michael J. Stone
8008 Westpark Drive,
McLean; also Largo

VASCULAR SURGERY

Shyam Krishnan
8008 Westpark Drive,
McLean; also Fairfax,
Washington, DC

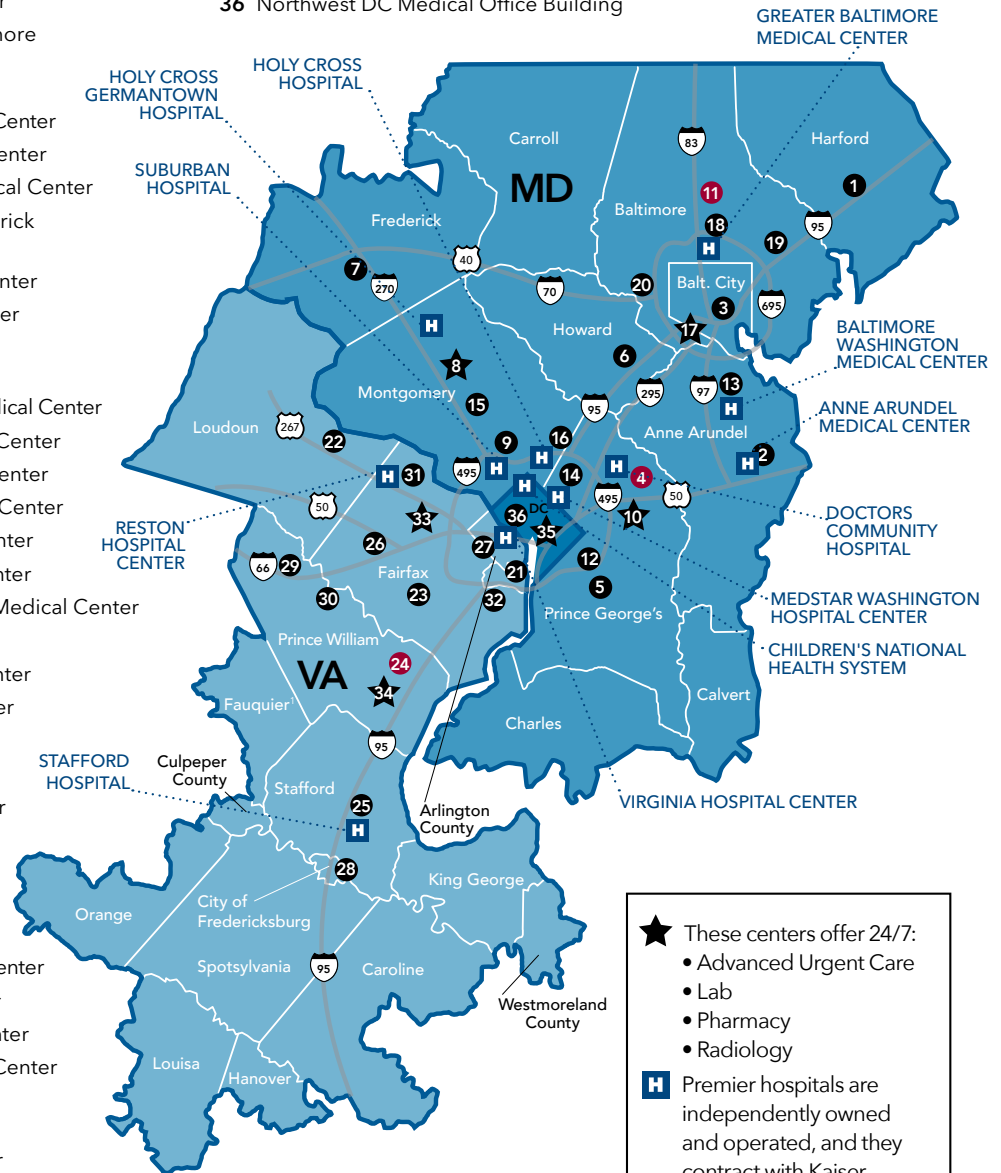
Kaiser Permanente medical facilities (with premier hospitals)

Maryland

- 1 Abingdon Medical Center
- 2 Annapolis Medical Center
- 3 Kaiser Permanente Baltimore Harbor Medical Center
- 4 OPENING 2021**
Bowie Fairwood Medical Center
- 5 Camp Springs Medical Center
- 6 Columbia Gateway Medical Center
- 7 Kaiser Permanente Frederick Medical Center
- 8 Gaithersburg Medical Center
- 9 Kensington Medical Center
- 10 Largo Medical Center
- 11 OPENING 2022**
Lutherville-Timonium Medical Center
- 12 Marlow Heights Medical Center
- 13 North Arundel Medical Center
- 14 Prince George's Medical Center
- 15 Shady Grove Medical Center
- 16 Silver Spring Medical Center
- 17 South Baltimore County Medical Center
- 18 Towson Medical Center
- 19 White Marsh Medical Center
- 20 Woodlawn Medical Center

Washington, DC

- 35 Kaiser Permanente Capitol Hill Medical Center
- 36 Northwest DC Medical Office Building



Virginia

- 21 Alexandria Medical Center
- 22 Ashburn Medical Center
- 23 Burke Medical Center
- 24 OPENING 2022**
Caton Hill Medical Center
- 25 Colonial Forge Medical Center
- 26 Fair Oaks Medical Center
- 27 Falls Church Medical Center
- 28 Fredericksburg Medical Center
- 29 Haymarket Crossroads Medical Center
- 30 Manassas Medical Center
- 31 Reston Medical Center
- 32 Springfield Medical Center
- 33 Tysons Corner Medical Center
- 34 Woodbridge Medical Center

- ★ These centers offer 24/7:
 - Advanced Urgent Care
 - Lab
 - Pharmacy
 - Radiology
- H** Premier hospitals are independently owned and operated, and they contract with Kaiser Foundation Hospitals.

Please check kp.org/facilities for the most up-to-date listing of services available at Kaiser Permanente medical centers.

*Kaiser Permanente's service area in Fauquier County includes the following ZIP codes: 20115, 20116, 20117, 20119, 20128, 20137, 20138, 20139, 20140, 20144, 20181, 20184, 20185, 20186, 20187, 20188, 20198, 22406, 22556, 22639, 22642, 22643, 22720, 22728, and 22739.